



People with intellectual and developmental disabilities (I/DD), which includes conditions such as Down Syndrome, cerebral palsy, and autism, live in all parts of our country and are in families from all walks of life. Most people with I/DD live in their own homes or family homes. Many utilize home and community-based services through Medicaid known as HCBS.

.....

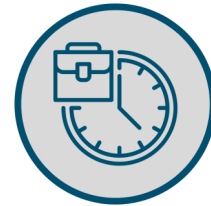
How does Medicaid support people with I/DD?



Only federal source for HCBS that enables people with I/DD to live in and contribute to their communities



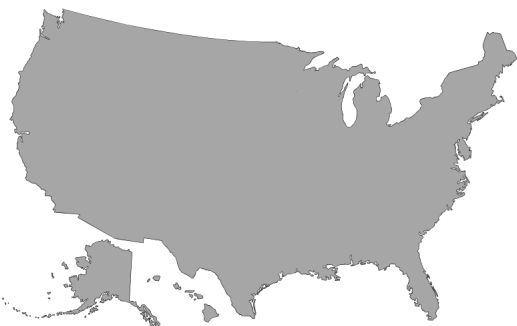
Essential source of healthcare for people with I/DD



Allows families to remain in the workforce through personal assistance, employment supports, and respite for in-home caregivers

.....

Who is supported in state I/DD systems?



State I/DD agencies serve more than **1.5 million** children and adults annually



State agencies¹ supporting people with I/DD oversee **3/4s** of the nation's HCBS

Medicaid is a state and federal partnership. States fund services with their general revenue which is matched by the federal government. The federal government's share of spending varies by state and is called the federal medical assistance percentage (FMAP).



Three main ways states can manage Medicaid:



What are mandatory versus optional services?

In order to participate in Medicaid, states are required to include certain **mandatory services** in their programs. **Other services are optional.** Many of the most cost-effective services that are necessary to support people with I/DD and their families, including HCBS, are optional services.

When federal resources shrink, **states must make decisions** about how to respond. **Often, their response is to reduce optional services like HCBS.**

States may significantly:

- limit how many people they serve (waitlists)
- cut services
- reduce provider rates
- increase use of institutional care which is generally more costly

This affects:

- people’s ability to live and work in their communities
- families’ opportunity to receive respite support and to remain in the workforce